

Heartlinks Groups and Grief Support Programs

For more information about Heartlinks grief support programs, call us at 618-277-1800.

Youth Groups



Preschool - low elementary. Activities based group.



Elementary. Activities based group.



Preteen. Activities and peer support.



Teens. Peer support with some activities.

School Groups



Teens And Grief in schools. Peer support with some activities.



Teens And Grief across communities using a virtual platform.

Services

Grief and Trauma Counseling Program – Individual assessment and focused counseling services available for individuals of all ages trying to manage the loss of a loved one due to death.

Anticipatory Loss Counseling – Individual and family counseling services for people of all ages managing the changes, losses and fears associated with serious illness.

Outreach – Mobile program for large groups of children ages 5-12. The program works to teach children coping strategies to deal with life change and loss due to death.

Crisis Intervention – Mobile program to help groups or communities deal with a sudden crisis. All ages served.

Bursting Bubbles – Mobile program for elementary aged children experiencing the death or loss of a loved one.

Good Grief – Mobile programming available for community groups designed for intergenerational interaction including art activities, games, and learning topics like coping with loss in families and supporting grieving youth.

Speakers' Bureau – Speakers available to educate about grief, loss and Heartlinks services.



Digital community and support program for young adults, 18 to 30.



Older adults who have lost a loved one. Day time group.



Adults in Washington County who have lost a loved one.



Adults who have lost their partner and are actively parenting.



Adults in Randolph or Monroe County who have lost a loved one.



Grieving adults looking for connections. Art-based activities. Day time group.



Adults who have lost a partner in mid-life or early retirement years.



Adults who are grieving an addiction-related death.



Adults who have lost a child. A Chapter of Compassionate Friends.

