

## Mission

Heartlinks Grief Center, a not-for-profit community-based program of Family Hospice, assists grieving children, adults, families and groups move from grief to growth through individual and family counseling, support groups, and other community programs in our service area of Southwestern Illinois and St. Louis metropolitan area.

## Counseling Impact

Year at a Glance

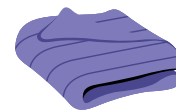


**2662**

Client Counseling Hours

## Community Impact

Year at a Glance

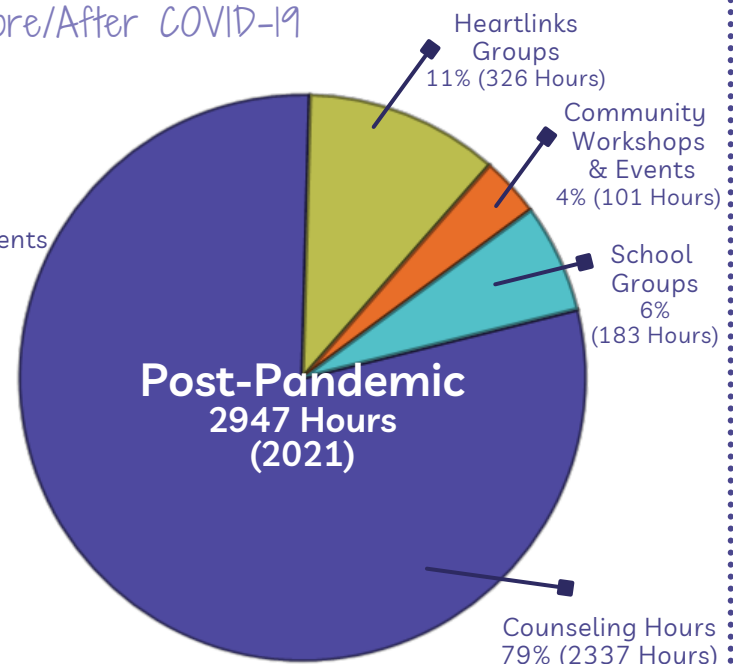
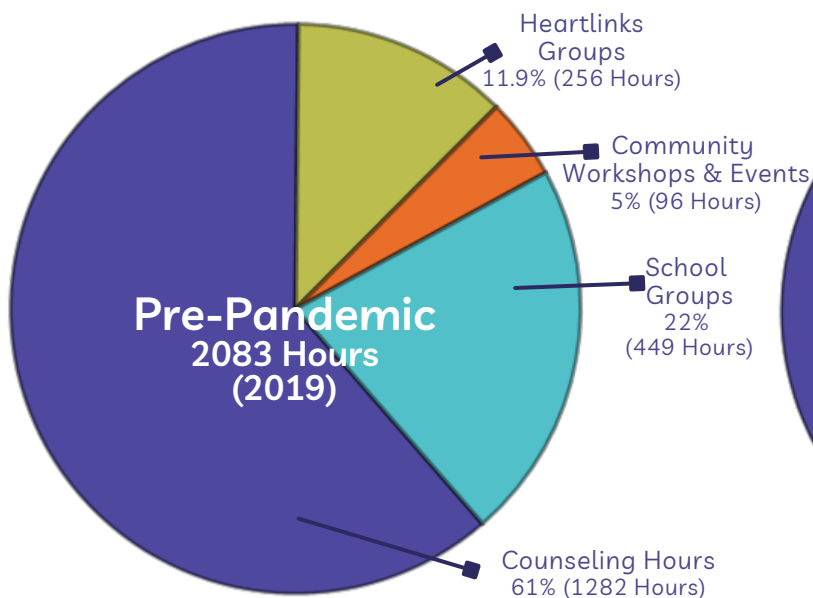


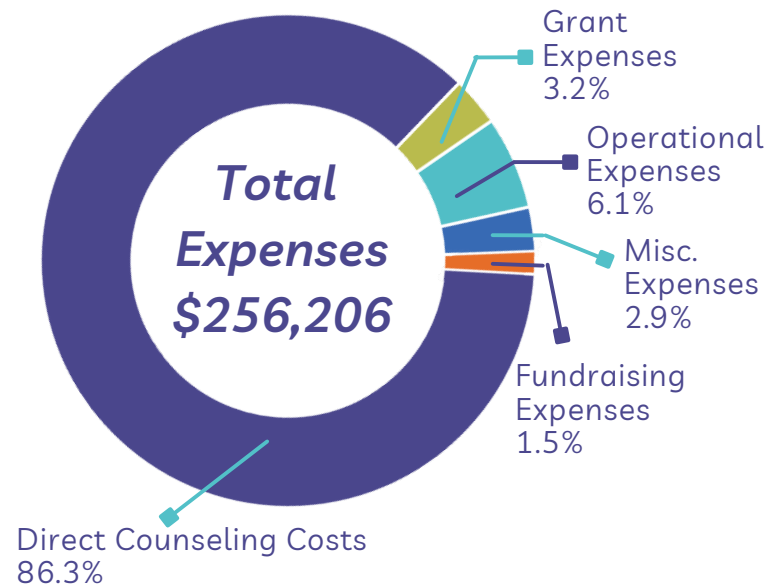
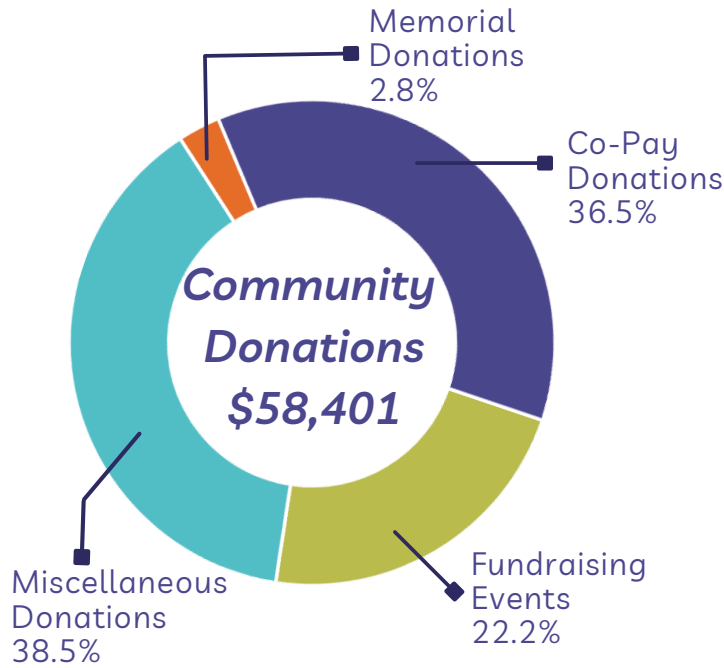
**2880**

Linus Blankets Distributed

## Heartlinks & COVID

Impact on Services Before/After COVID-19





## Vision

*Heartlinks supports a broader-base of grieving individuals to move from grief to growth through responsive support programs, while also working to change our community's perception of grief.*

**Grant Income  
\$243,057**

**Mid-America  
TRANSPLANT**  
*inspired by life*



**NEW YORK LIFE  
FOUNDATION**



**ST. CLAIR COUNTY  
MENTAL HEALTH BOARD**



**MADISON COUNTY  
MENTAL HEALTH BOARD**



- In 2021, Heartlinks invested \$45,252 in the We Care Fund. This fund supports emergent needs, new programming and required gap years in grant funding.

Dear Friends,

In 2022, Heartlinks will celebrate 25 years of serving children, families, and adults. A priority is to diversify our income streams and grow our donor base since Heartlinks receives most of its support from generous grantors. The pandemic created growth and change for Heartlinks finding us providing 28% more counseling service for 42% more clients than in 2020. Add a move back to in-person services, increased requests for community groups and no increase in the number of staff and you have a year of learning, hard work and managing schedules! We serve in office and virtually, through groups and counseling services. We also serve in the community with groups, outreach programs and workshops. In 2021, Heartlinks created a new strategic plan and we look forward to the opportunities ahead!

**Diana Cuddeback, LCSW**  
**Director, Heartlinks Grief Center**