

# REMEMBERING SNOWY



COVER ART BY SUZY, 16

A HEARTLINKS ORIGINAL BY KRIS © 2005

**ONE DAY, LAST YEAR I MET MY  
BEST FRIEND, SNOWY, AFTER A BIG  
SNOWSTORM**



**ART BY TYLER, 9**

**SNOWY WAS COOL AND HE  
WAS A VERY GOOD LISTENER.**



**ART BY MARIAH, 11**



**WHEN THE HOUSE GOT FULL OF  
PEOPLE, I WOULD SNEAK OUTSIDE TO  
BE WITH SNOWY**



**ART BY DJ, 9**

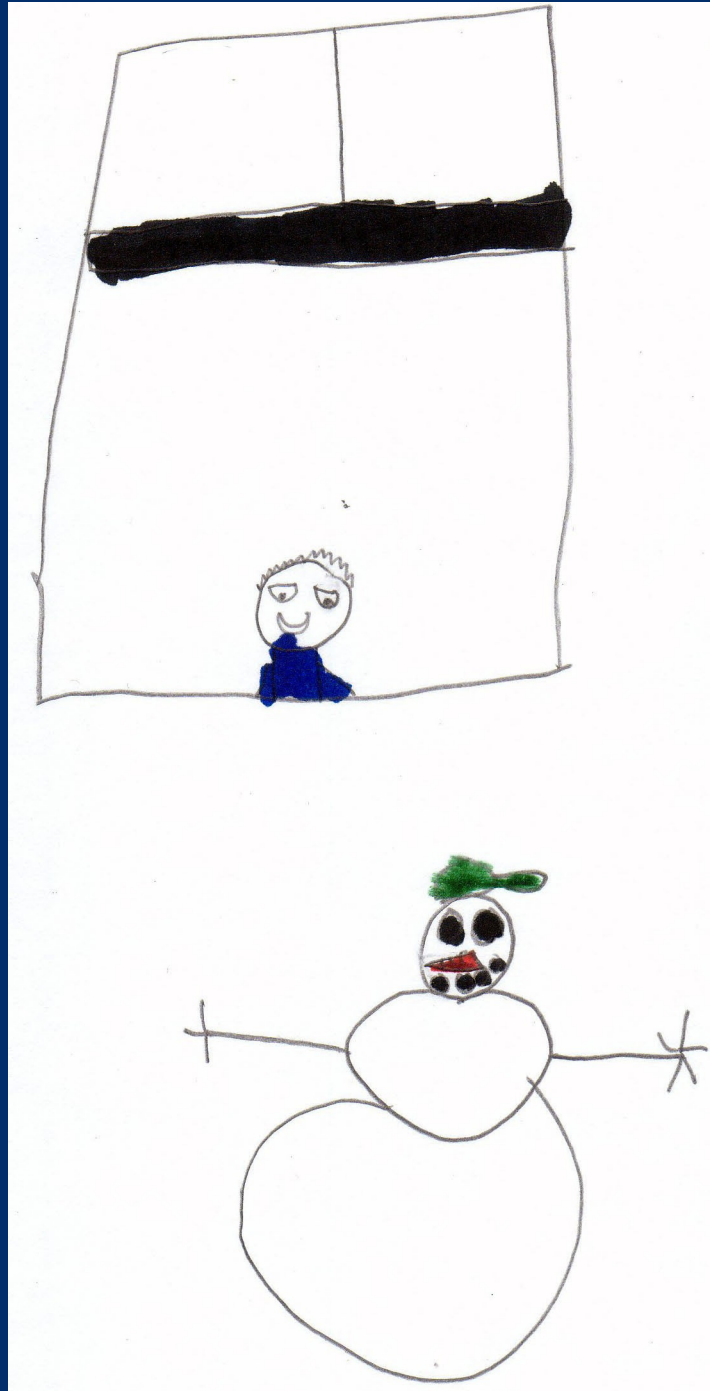


# SNOWY ALWAYS LISTENED TO ME



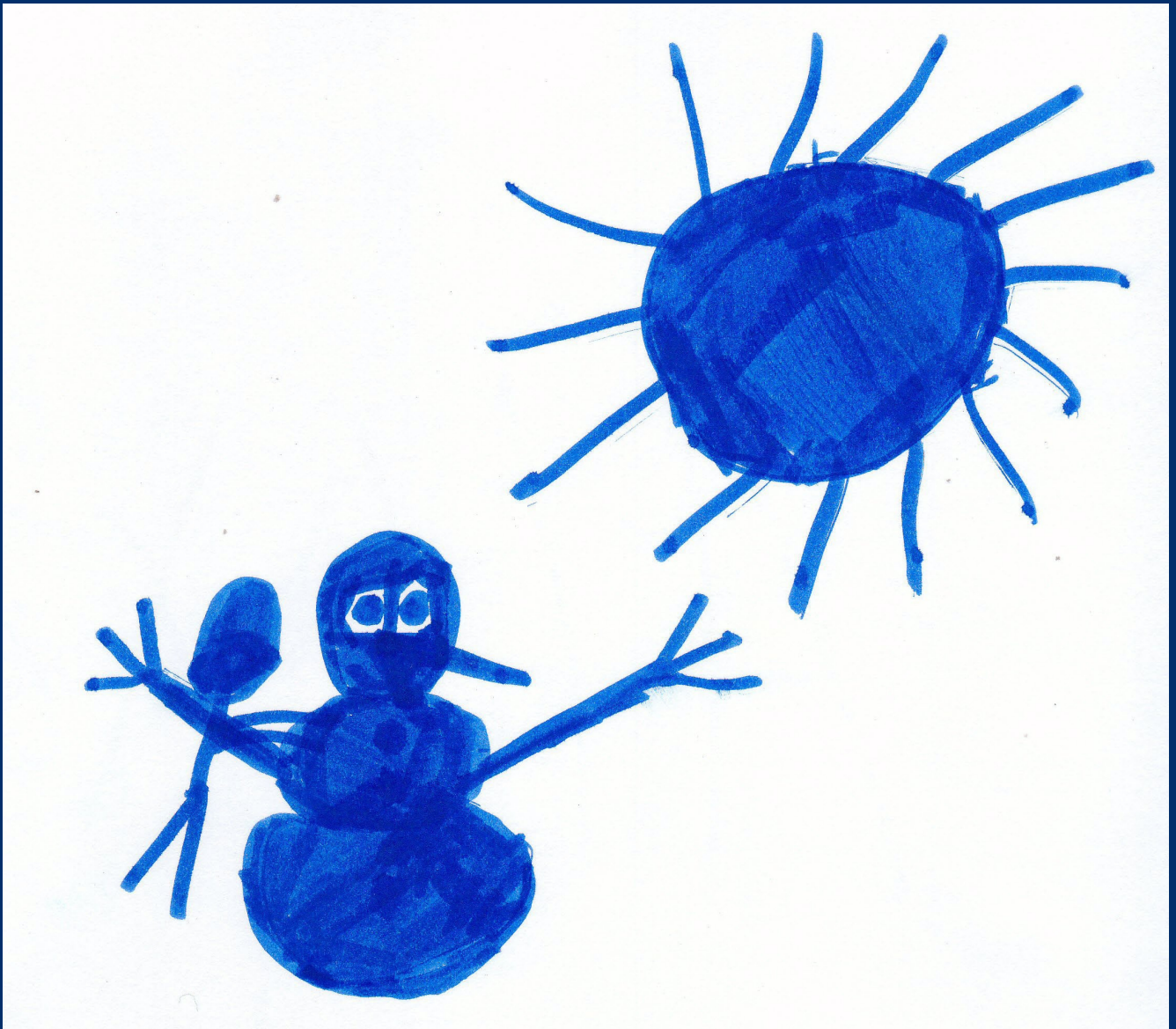
ART BY ANNA, 5

**WHEN I GOT SCARED AT NIGHT, I  
WOULD LOOK OUT MY WINDOW  
AND SEE SNOWY WAVING TO ME**



**ART BY TOMMY, 10**

**WHEN I CRIED, SNOWY NEVER  
SAID ANYTHING STUPID...HE JUST  
STOOD BY ME UNTIL I WAS DONE**



**ART BY ALEX, 9**



**BUT, SOMETIMES HE WOULD  
TRY TO MAKE ME LAUGH**



**ART BY MADDIE, 6**

**WHEN I GOT ANGRY, SNOWY LET  
ME YELL AND SCREAM AND  
THROW SNOW**



**ART BY KEATON, 7**

**WHEN I SANG SNOWY MY HOLIDAY  
SONG FOR THE SCHOOL PLAY, HE  
STOPPED DOING EVERYTHING  
JUST TO LISTEN TO ME**



**ART BY ERIC, 9**



**LIFE WAS MORE FUN AND  
JUST EASIER WITH SNOWY**



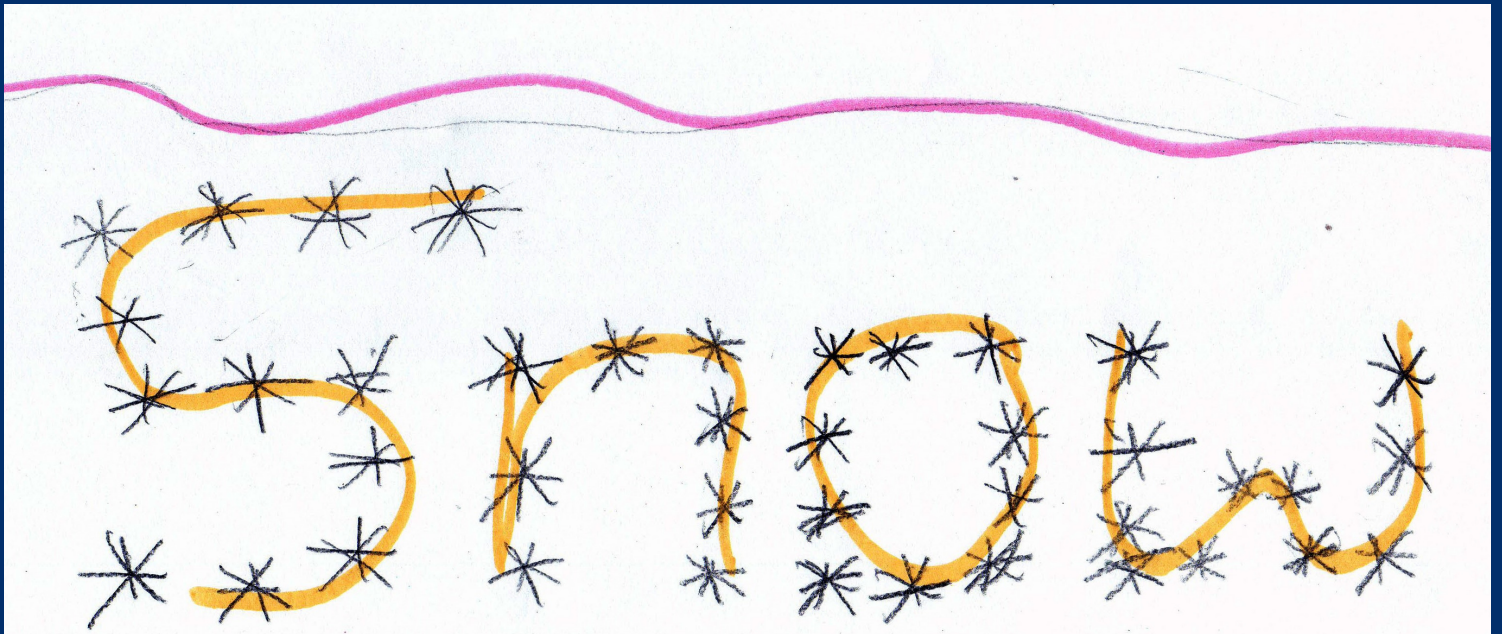
**ART BY ABBY, 8**

**BUT, SNOWY LEFT ONE DAY AND  
HAS NEVER COME BACK HOME.**



**ART BY LINDSAY, 17**

**I MISS MY BEST FRIEND SNOWY,  
ESPECIALLY WHEN IT GETS  
COLD AND STARTS TO SNOW**



**ART BY LAMIYA, 12**



**I CAN STILL SEE SNOWY AFTER I  
MADE HIM INTO A SNOW CONE  
SNOWMAN—WE LAUGHED SO HARD!**



**ART BY JACKIE, 6**

**I KNOW THAT IT'S OKAY TO PLAY  
IN THE SNOW WITHOUT SNOWY.  
SOMETIMES, IT'S EVEN FUN...**



**ART BY SERENA, 8**



**BUT, I'LL ALWAYS REMEMBER  
MY BEST FRIEND SNOWY.**



**ART BY LAUREN, 13**

# Heartlinks Groups and Grief Support Programs

For more information about Heartlinks grief support programs, call us at 618-277-1800.

## Youth Groups



Preschool - low elementary. Activities based group.



Elementary. Activities based group.



Preteen. Activities and peer support.



Teens. Peer support with some activities.

## School Groups



Teens And Grief in schools. Peer support with some activities.



Teens And Grief across communities using a virtual platform.

## Services

**Grief and Trauma Counseling Program** – Individual assessment and focused counseling services available for individuals of all ages trying to manage the loss of a loved one due to death.

**Anticipatory Loss Counseling** – Individual and family counseling services for people of all ages managing the changes, losses and fears associated with serious illness.

**Outreach** – Mobile program for large groups of children ages 5-12. The program works to teach children coping strategies to deal with life change and loss due to death.

**Crisis Intervention** – Mobile program to help groups or communities deal with a sudden crisis. All ages served.

**Bursting Bubbles** – Mobile program for elementary aged children experiencing the death or loss of a loved one.

**Good Grief** – Mobile programming available for community groups designed for intergenerational interaction including art activities, games, and learning topics like coping with loss in families and supporting grieving youth.

**Speakers' Bureau** – Speakers available to educate about grief, loss and Heartlinks services.



Digital community and support program for young adults, 18 to 30.



Older adults who have lost a loved one. Day time group.



Adults in Washington County who have lost a loved one.



Adults who have lost their partner and are actively parenting.



Adults in Randolph or Monroe County who have lost a loved one.



Grieving adults looking for connections. Art-based activities. Day time group.



Adults who have lost a partner in mid-life or early retirement years.



Adults who are grieving an addiction-related death.



Adults who have lost a child. A Chapter of Compassionate Friends.

